

# AID MISSION

To empower people with physical, developmental, intellectual and mental health challenges to enjoy lives of dignity and purpose

## AID VISION

Recognized leader providing best quality outcomes for individuals served in areas of housing, employment, community integration, health promotion, recovery and crisis prevention



**e-mail:** [info@AIDcares.org](mailto:info@AIDcares.org)

AID is a registered 501(c)(3) non-profit serving individuals with physical, developmental, intellectual and mental health challenges in the Fox Valley area since 1961.



# LIVING ROOM

**WALK-IN CRISIS SUPPORT**



**OPEN: 24 / 7 / 365**

**309 NEW INDIAN TRAIL CT.  
AURORA, IL 60506**

**(630) 966-4110**

✉ [LivingRoom@AIDcares.org](mailto:LivingRoom@AIDcares.org)

**[www.AIDcares.org](http://www.AIDcares.org)**

The purpose of the Living Room is to offer an alternative to hospitalization in instances where an individual's crisis can be stabilized without the use of medical services.

A guest may stay to practice coping skills, utilize services provided by a Recovery Support Specialist, enjoy a safe, comfortable space, and resolve their crisis.

The Living Room is comprised of one Mental Health Professional and one Recovery Support Specialist at all times.

Recovery Support Specialists are one of the first lines of contact at the Living Room for individuals experiencing a crisis. Guests can walk-in or be referred from multiple avenues including community agencies, hospitals, law enforcement, among others.

The Living Room is designed to prioritize the least restrictive level of care for each individual served. Living Room staff will build immediate rapport, provide emotional support and assist in de-escalation techniques through active listening, trauma informed care, and crisis intervention services.



**INTAKE PROCESS:**

To most effectively work with those needing mental health services, we value coordination with local community providers.

**Here is how to connect with the AID Living Room:**

1. Any member of the community who considers themselves to be in the midst of a mental health crisis are encouraged to call **(630) 966-4110** or simply visit The Living Room **(OPEN 24/7/365)**.
2. Arrive at the Living Room and ring the door bell. A Recovery Support Specialist will greet the individual in need and a Mental Health Professional will complete a short risk assessment to determine the best course of action.
3. If the Living Room is determined to be an appropriate level of care, guests will be assisted with utilizing coping skills and provided with recovery support services.

The Living Room program is designed to support individuals in the community dealing with a mental health crisis in order to achieve stability through the use of coping skills, debriefing, resource guidance, and comfort.

**SERVICES OFFERED:**

Living Room staff will utilize motivational interviewing in triage to complete assessments to determine the severity of the individual crisis and to determine the appropriateness of the Living Room.

Living Room guests will have access to distress tolerance, calming, and grounding activities, which will include a variety of sensory items to assist individuals during their state of crisis.

Should an individual benefit from it, a quiet room will also be available for use. The Living Room is set up to create a safe, comfortable, home-like environment.

